

## Towards a Veteran-Centered Transition



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## THE HARVARD STUDENT TEAM

# THE DEPARTMENT OF VETERANS AFFAIRS

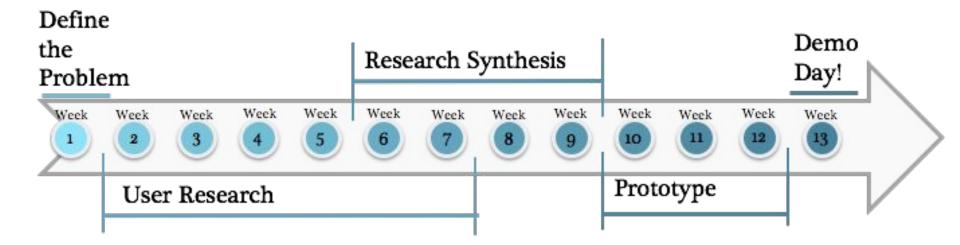
Over 20 million Veterans in the U.S.

200,000 Veterans transition every year

## PROBLEM STATEMENT

How can the VA provide the right services and products to better assist new Veterans?

## PROJECT TIMELINE



## RESEARCH METHODOLOGY

### 32 hours with 41 Veterans **Interviews** across all branches **9 VA staff** spanning Benefits, Digital Services, IT, Policy and Interagency Collaboration **Site Visits** Transition Assistance Program **Veteran Centers Community Events** Supplemental Online and technological resources including websites, forums, social media, Research

apps, and podcasts

## THE TRANSITION JOURNEY

Decide to transition Planning Separation processing Civilian life

## KEY VETERAN INSIGHT



"I want to feel like a person"

# INSIGHT 1: Process and Contact with the VA

• Impersonal feel

- "Here's where I need help. I have a problem, now what are my options"
- Fragmented system: confusion about where to locate the best information

"I started with a Google search and then I got lucky and discovered a new benefit."

• Technical Difficulties

"At times, the VA will send emails – dumping all the information at once and you go and delete them all and never look at them again."

## INSIGHT 2: Health and Psychological Challenges

## **Getting Care**

- Tough to navigate healthcare system
- Long waits for medical appointments
- Difficult to arrange appointments at convenient times
- Doctors change frequently and you lose progress

## **Mental Health**

- Suicidal thoughts
- o Turning to drugs and alcohol
- Bias against using mental health services

# INSIGHT 3: Loneliness and stigma, from service through separation

## Loneliness

 Loss of brotherhood can make Vets feel worthless and alone "Not a lot of people to answer your questions"

## Stigma

- Too much focus on mental health makes Vets feel broken
- Disability rating feels inhumane

"It's like they don't care about you"

## **GABE**

## U.S. MARINE CORPS VETERAN, LATE THIRTIES

"As a Veteran with health issues, I valued meaningful employment."

"I wanted clear guidance on what employment and education opportunities are available and how the VA could help."

"My lack of connection to others led to my isolation from society."







# OUR SOLUTION: PERSONALIZED TRANSITION INFORMATION TOOL

**Transition.Vets.Gov** 

## **VETRANSITION FEEDBACK**

"Pretty much all-encompassing. Those are things I would have been concerned with. Very much needed"

"Nobody feels listened to or heard when they have to do some standardized form. The more personal it is the better"

"This better organized, less overwhelming tool would be super helpful"

## **VETRANSITION FEATURES ROLLOUT**

Increased Personalization

Outputs tailor to resources others have found helpful

Timelines and Reminders

Advice on completing tasks

Partnering and Mentorship Sharing of contact details based on priorities

Integration with VA tools and services

Informs VA services, from TAP program to further outreach

## VETRANSITION IMPLEMENTATION

Planning

Promote as service members consider leaving

Separation processing

Showcase during the Transition Assistance Program

Civilian Life • Integrate with follow up call from VA Benefits Enrollment (first 30 days post-separation)

## FURTHER PROTOTYPE IDEAS

Proactive case management for Vets after transition

**Dedicated transition website** 

VA awards for companies who hire and integrate Vets

**Transition Mentorship Program** 

Face-aging app as part of TAP (pictured)

#### Challenging future discounting: encourage Vets to take more ownership

Like savers, many veterans fail to accurately consider their future needs. In-line with behavioural economic research on savings, the VA could use face aging software to help make the future more tangible for vets and consider their needs more holistically.

#### https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3949005/

This will help to address overcome insight 1: process and contact with the VA. It will help veterans to visualise their transition and the key points they want to focus on. It bears resemblance to a pre-mortem, where project teams consider why a project might fail before it is delivered:

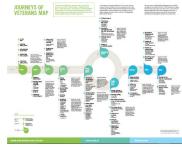
#### https://www.riskology.co/pre-mortem-technique/

Vets don't understand the benefits of the VA and don't effectively consider future needs Use face aging software during TAP sessions. Ask veterans to picture themselves in 50 years' time and ask what they need to do to make their future secure

VA uses this
approach to talk
vets through
future needs and
services, based
around Journey
Map



This is you in 50 years' time. Think about the VA Veterans' Journey Map



What are your needs from now until then?

What are your needs from then on?

Skills translator

## **FURTHER RECOMMENDATIONS**

User Insight	Recommendations
"[The web presence] looks good, but it's difficult to find things"	Redesign websites
"The DoD and VA feel disconnected"	Develop a Public-Private Transition Strategy
"transition should be a partnership"	Proactive outreach
	Use behavioral 'nudges'
Reframe the "broken veterans" stereotypes	Human engagement solutions
всегеогурс	Show the positive side of Veterans and the skills they bring to the workforce



## THANK YOU!

# QUESTIONS?

## **USER STORIES**

#### ANTHONY: US MARINE CORPS ENLISTED VETERAN, LATE THIRTIES



#### **BACKGROUND**

- Two tours of Iraq, injured in combat.
- Upon leaving, mental health and physical health issues.
- Started his own Veterans' Charity.

#### **USER STORY**

'As a Veteran with health issues, I valued meaningful employment to help my integration back into civilian life. I wanted clear guidance on what employment and education opportunities are available and how the VA could help.'

#### MARCUS: ARMY INFANTRYMAN VETERAN, EARLY THIRTIES

#### **BACKGROUND**

- Served in Afghanistan.
- Suffered PTSD and physical injuries, turned to alcohol.
- Only decided to leave 2 months before, started process 2 weeks before.

#### **USER STORY**

'I left without a plan for my transition and I didn't understand the value of the VA. I want the VA to reach out

more to
Veterans
to dispel the
stigma around
seeking help
for physical
and mental
issues'.



#### **RYAN: NAVY OFFICER VETERAN, LATE TWENTIES**



#### **BACKGROUND**

- Served 2001 2005, after high school
- After leaving, went to a top private college.
- Worked in social security.

#### **USER STORY**

'I just want systems that work and clear processes.

Logging into the eBenefits system is difficult and the transition experiences of my friends and I have often depended on the quality of the case managers we have been assigned.'

#### **CAITLYN: AIR FORCE VETERAN, EARLY FORTIES**

#### **BACKGROUND**

- Videographer.
- Served from 2000 2012.

#### **USER STORY**

'The VA could do more to treat Veterans as people and

think about how to reach them. The skills you learn during transition are too generic and don't cater for the range of different next steps that Veterans will take. Once you leave the military it is lonely, and th communications you receive are on medical Appointments. The VA or The Military could do more'.



## **FURTHER RECOMMENDATIONS**

Break down VA stovepipes for digital services

**Public Private Transition Strategy** 

Proactive outreach

Use 'Nudges'

Human engagement

Reserve Forces Transition Plan

Avoid 'broken veterans' stereotypes

